



Bible Reflection: Coronavirus! C'mon Faith!!!

Pandemic Facts

- 3 other pandemics occurred in the 20th century.
- The most severe pandemic in recent history was the 1918 Spanish flu that infected about 500 million people (1/3 of the world's population) and killed about 50 million.
- eBay is listing Purell for \$140/bottle.
- Stores are picked clean. I can't find toilet paper!
- US stocks faced the worst fall since 1987.
- I'm concerned about my job. Will I have a job?
- I'll be quarantined for weeks!

Bible Verses (NIV)

Philippians 4:6: Do **not be anxious about anything**, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

Romans 8:15: The Spirit you received does not make you **slaves**, so that you live in **fear again**; rather, the Spirit you received brought about your **adoption to sonship**. And by him we cry, "Abba, Father."

2 Corinthians 10:5: We demolish arguments and every pretension that sets itself up against the knowledge of God, and we **take captive every thought to make it obedient to Christ**.

Deuteronomy 11:13-15: So if you **faithfully obey** the commands I am giving you today—to **love the Lord your God and to serve him with all your heart and with all your soul**— then I will send rain on your land in its season, both autumn and spring rains, so that you may gather in your grain, new wine and olive oil. I will provide grass in the fields for your cattle, and you will eat and be satisfied.

Philippians 4:13 (NIV): I can do all this **through him** who gives me strength.

Questions to Consider

- **Give the men a few minutes to think about these questions by themselves. Play meditative music.**
1. How has coronavirus impacted **my routine**? Work, church, relationships, home, social distancing, etc?
 2. How have **others around me** (social circle) been reacting?
 3. How **am I reacting** to what is happening around me? Do I have healthy coping mechanisms?

Soul Work

- "If I were to do work, I would work on X. I give it a ____ (1-3)."
 - **Consider the points below as you start your soul work.**
1. Identify a **potential wound** (i.e., fear, anger, lust) that is being triggered.
 2. Where is **God** in all of this?
 3. Where is **my Mission Statement** in the midst of this pandemic?
 4. Take an **action step and connect with a brother** for accountability this week. Exchange cell numbers and pray for each other throughout the week. Remember, **no man is an island** (even with social distancing). **BE STRONG! BE STRONG! STRENGTHEN ONE ANOTHER! JESUS!!!**

