

P3 Protocol

A Marked Man is a *gracious and generous* man.

Generosity Protocol #1: Possessions

Every man has possessions. Even Jesus had possessions (although they were taken from him at the cross). The question is *what role do possessions play in your life? Do you possess your things, or do they possess you?* The work for the P3 protocol will: help each man understand the biblical view of possessions, help each man do work around his own wounds regarding possession and help that man find healing for those wounds in the person and work of Jesus through His Holy Spirit. (ALWAYS include prayer)

Let's get started:

Check in round:

After a general check in start with one of these questions:

What is your most valued possession (must be a thing)?

What is the best gift you have ever received (a thing)?

How many storage units do you use personally and what is in them?

Clearing/Safety Round:

In addition to the usual clearing, this protocol will deal with your heart issues around possessions. Issues like, wealth, income, debt, money might be "on the table". Are you clear with your brothers in the circle so that you can be strong for him in his need as well as vulnerable to honestly look at your own wounds with them in this topic? If so, verbally indicate such during this clearing, or if not, do the hard work of humbling yourself before God or with another brother before entering sacred space.

Scripture Reading and Reflection

Israel has just escaped captivity. They have seen Pharaoh and his army drown behind them in the Red Sea. They have been marching through the wilderness for months and are now camped out at Mt. Sinai when the Lord commands through Moses for an offering to be taken for the building of the tabernacle: a tent where they can worship Him. Read Exodus 35: 4 - 30 and reflect with your brothers on the amount and variety of things needed to make the tabernacle. Use these questions to help guide your discussion:

1. Where did all the things Israel donated for the tabernacle come from?
2. What use are seal skins, long acacia wood poles, jewels and gold when camping in the desert?
3. According verse 20, what was the motivation for giving?
4. What possessions do you own that are not in fact, a gift from God?

Jesus teaches us in the sermon on the mount about what our attitude about material possessions should be. Often, we worry about *things*. Read Matthew 6: 25 - 33 and reflect together on these questions:

1. It is one thing to say "don't worry". But Jesus gives us a reason not to worry. What is it?

2. Which emotion do you find in your worry more: fear, anger or shame? Can you give an example?

Work Round: (ALWAYS include prayer)

Begin with going around with this question: on a scale from 1 - 10, how protective are you of your stuff? (10 = I lock it up all the time. Never lend. Never give. or 1 = I give freely always).

Men who are willing to do work on this will do the following:

The man stands in the middle of the circle of brothers and prays for a willing heart.

His chosen facilitator asks him to name his stuff: all his possessions as they come to mind, starting with the largest or most valuable and going down from there.

As he does so, brothers around him use their hands and body weight on the man's head, shoulders, arms, belt and legs to "weigh him down".

When firmly weighed down, the facilitator asks if he wants to stay like that or give his stuff over to the Lord?

If he is willing, the brothers name the items he mentions and let him go while the man says with each item: "Lord, I give it willingly to you" with his eyes shut and hands upturned, until there is nothing left.

Brother representing Jesus, faces the man when he finishes and has him open his eyes and hear the words of Matthew 11: 28 and 29 (Come unto me, all who are weary...)

There may be other words of Christ the man needs to hear, based on your listening to him such as: don't worry, I am in control, You are loved, etc. Allow the Holy Spirit to guide your speaking to him.

Exercise is over when man is complete.

De-role and affirmation.

Next man comes into the center to do the same work.

Review: After all willing men, have had a chance to work, review the time together:

What did you learn during this time?

example: My stuff really weighs me down. I don't want more things. etc.

Check out

Describe in one or two words how you are feeling now.

Depart with the MMFC cheer.