

## Alternative P3 – Count Your Blessings

### 1. OPENING PRAYER

### 2. OUTSIDE CHECK IN

- GETTING FOCUSED — Close your eyes, Deep breath, Another Deep Breath. Think about your mission statement and a significant event since your last P3 in which you lived out your mission.
- Leader models outside check in – Since your last P3, share one way you have lived out your mission

### 3. CHECK IN ROUNDS

- FEELING — State your name, 1-2 words to explain how you are feeling
- SPIRITUAL TEMPERATURE — Where are you at spiritually 1-10.
- SAFETY & CLEARING — State your name and whether or not you are SAFE and CLEAR with every man in this room.

### 4. SCRIPTURE SHARING: Ephesians 5: 15-20 (NIV)

“Be very careful, then, how you live—not as unwise but as wise, making the most of every opportunity, because the days are evil. Therefore do not be foolish, but understand what the Lord’s will is. Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit, speaking to one another with psalms, hymns, and songs from the Spirit. Sing and make music from your heart to the Lord, **always giving thanks to God the Father for everything**, in the name of our Lord Jesus Christ.”

**5. SOUL WORK** (Everyone participates by answering the questions and then sharing with their brothers). Choose from the lettered options below as time allows.

- a. Name a body part or one of your senses that you are thankful for. Briefly explain if you would like.
- b. Name a person from your childhood that you are thankful for. Briefly explain if you would like.
- c. Name a person from your young adult life that you are thankful for. Briefly explain if you would like.
- d. Name a person in your life today that you are thankful for. This should be **someone not currently in the room**. Briefly explain if you would like.
- e. Describe an experience in your life that you consider a major blessing from God.
- f. Describe a difficult experience or trial in your life that in hindsight you can see how God used it to bless you.
- g. Describe a difficulty or trial you are currently experiencing. What blessing from God do you wish to result from this trial?

### 6. FINAL PRAYER

### 7. CHECK OUT

- Name, Current Feeling, “I’M OUT”