## "3-Scripture Work"

This is designed for everyone in the group to do some soul work. This is an opportunity for everyone to share and invite their brothers in. Also, if everyone checks in and seems to be struggling, this is an opportunity for all men to work and no one man really has to facilitate. This protocol could also be used to identify an area where facilitation is needed. However, hopefully the conversation with God and prayer from brothers is work enough.

- 1. Prayer
- 2. Check in- 1 word feeling and where do you carry that in your body?
- 3. Check up- 1 word to describe your relationship with God at this time?
- 4. Clearing / Safety round
- 5. Music/reflection or worship music
- 6. Spiritual temperature
- 7. Scripture/ work round

Read **Matthew 11:28-30** ask "What is your yoke or burden? What is the wound you are carrying?"

All men write answer down on note card.

Read **Hebrews 14-16**. Ask "What is holding you from approaching God boldly? What do you need grace and mercy from?" Each man writes down both answers

Read **James 5:15-16**. Ask "What do you need to confess? What do you need prayer for?"

Each man will go in turn. Facilitator will ask the questions again and the man will read his answers to each question to the group. Once he is done you offer the chance for the man to confess this to God out loud. Once he is done, have all the men lay hands on him (if the man agrees to it) and pray for him for what he asked. Each man will go.

Check out.