

## Phase 3 Soul Group Protocol (2011) -- *Who I Am In Christ*

### Round 1

Outside check-in ... ask this question...

**"WHO ARE YOU and, how did your life reflect WHO YOU ARE this past week (share an example)"**

After everyone has shared ... close with a group prayer (out loud)

### Round 2

1. Everyone is seated in silence ... comfortable ... play a reflective song: "In Christ Alone"
2. Breath slowly ... now,
3. Allow your breath to penetrate your inner core ... not the outer flesh/false self, but the real you... allow God's breath in you to reveal how you feel at this moment. What is your truth? Now, when I count backwards from 3 -to- 1; check in with your feeling. Where is that feeling in your body and does it have a shape or color?

### Round 3

**CLEARING ROUND** ... on your feet ... look into the eyes of your brother ... are you clear and safe to do your work with your brother? When I count backwards from 3 to 1, simply remain **STANDING** if you have to clear. 3-2-1...

REMEMBER – try adding in the clearing protocol this step just before the "WANT"...ask the man with the "charge" ... **"NEW"** Ask him; **"WHAT about this clearing can YOU OWN?"** Allow him to respond...then, move to the WANT step.

### Round 4 Scripture + WORK round (NOTE: need copies of last page, and paper and MMFC pen)

THEME of our p3 strength training is: *Who I Am In Christ*

We'll have the opportunity to investigate **3-Areas**:

I am Accepted...  
I am Secure...  
I am Significant...

**STEP 1:** Before each of us begins to do more "work" ... Write down these 3- "Who am I's" (above). I want you to RANK in order of your truth... which of these 3-areas is MOST true (#1 ranking) and LEAST true (#3 ranking) for you right now?

**STEP 2:** Using the hand out (see next page), each man identify 1-scripture that connects best with your #1 and #3 ranking "Who I am in Christ" . Look it up in your bible ... what is God revealing to YOU right now in His word? ... in a moment check-in with it.

**STEP 3:** Now, is your work today on your #1 or #3 ranking of "Who I am in Christ"? For example, your 2-statements...can you identify the faith strengthening statement that you fully believe and one that is not so believable? (Pause 3-min's) This could be your work right now, ask Jesus to reveal it to you. **"NEW"** Ranking: on a 1 -to- 4 scale. "1" is MUST Do right now and "4" is I'm aware of it, no work right now.

# Who I Am In Christ

## I am Accepted...

John 1:12	I am God's Child.
John 15:15	I am Christ's friend.
Romans 5:1	I have been justified.
1 Cor. 6:17	I am united with the Lord.
1 Cor. 6:19-20	I am bought with a price; I belong to God
1 Cor. 12:27	I am a member of Christ's Body.
Eph. 1:1	I am a saint.
Eph. 1:5	I have been adopted as God's child.
Eph. 2:18	I have access to God thru the Holy Spirit.
Col. 1:14	I have been redeemed and forgiven.
Col. 2:10	I am complete in Christ.

## I am Secure...

Romans 8:1-2	I am free forever from condemnation
Romans 8:28	I am assured all works together for good.
Romans 8:31-34	I am free from any charge against me.
Romans 8:35-39	I cannot be separated from the love of God.
2 Cor. 1:21-22	I am established, anointed, sealed by God.
Col. 3:3	I am hidden with Christ in God.
Phil. 1:6	I am confident that the good work God has begun in me will be perfected.
Phil. 3:20	I am a citizen of heaven.
2Tim. 1:7	I have not been given a spirit of fear, but of power, love and sound mind.
Hebrews 4:16	I can find grace and mercy in time of need.
1John 5:18	I am born of God; the evil one cannot touch me.

## I am Significant...

Matt. 5:13-14	I am the salt and light of the earth.
John. 15:1,5	I am a branch of the true vine, a channel of His Life.
John 15:16	I have been chosen and appointed to bear fruit.
Acts 1:8	I am a personal witness of Christ's.
1 Cor. 3:16	I am God's temple.
2 Cor. 5:17-21	I am a minister of reconciliation for God.
2 Cor. 6:1	I am God's co-worker
Eph. 2:6	I am seated with Christ in the heavenly realm.
Eph. 2:10	I am God's workmanship.
Eph. 3:12	I may approach God with freedom and confidence.
Phil. 4:13	I can do all things thru Christ who strengthens me.